Case Study

USMLE Step 1 Preparation Course

Feedback

Course Feedback

- 92% would recommend the course to other students
- 100% would recommend their EMP tutor to future students
- 100% were satisfied with the guidance, communication between sessions, motivation and encouragement provided by their tutor

Student Feedback

- "[My EMP tutor] was very helpful and motivational, provided techniques on how to improve, and did a great job explaining concepts and teaching me how to go through questions."
 - 2022 course student
- "[My EMP tutor] was amazing!! She was able to create a schedule that I followed during the course. I saw a lot of improvement in my scores and my confidence."
 - 2023 course student

Introduction

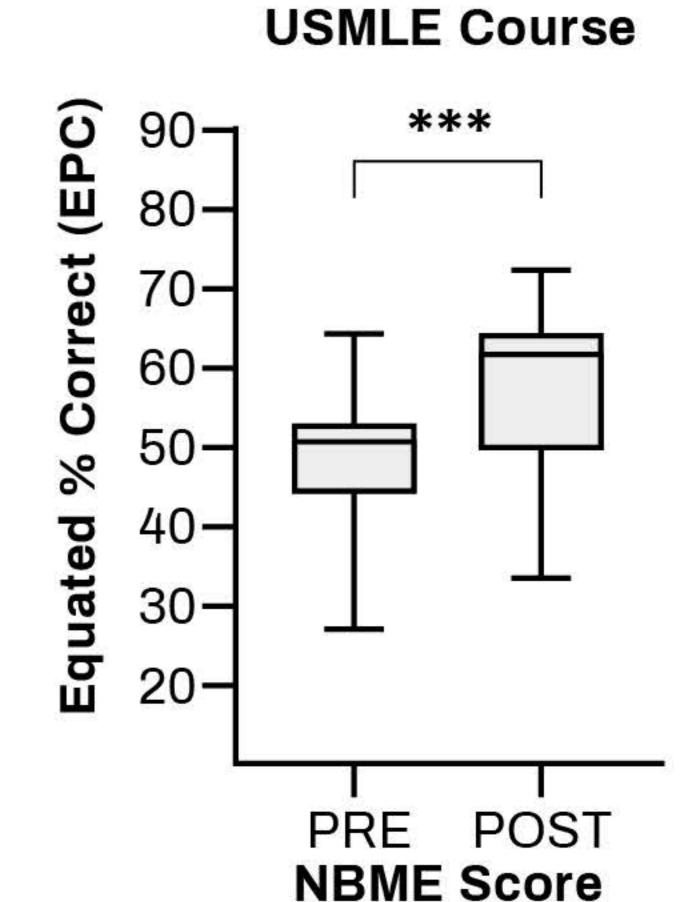
Elite Medical Prep delivered our service as an institutional course elective to a Texas medical school in 2022 and 2023. Two cohorts of students (total N=22) were enrolled who were at risk of failing the USMLE Step 1 exam. As a component of the institutional curriculum, the course fee was covered by student tuition including optional financial aid.

Course Details

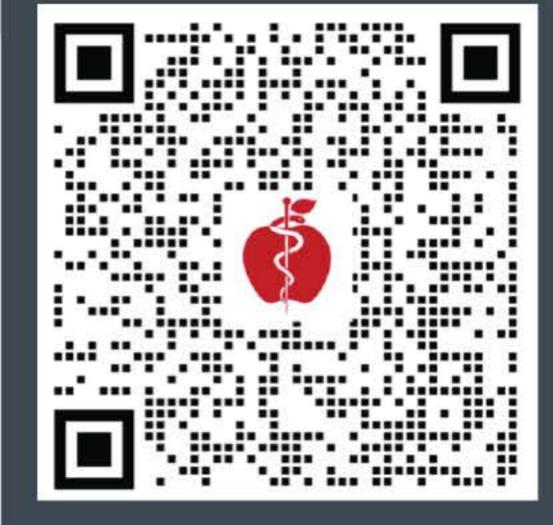
- Each student received 15 hours of 1:1 tutoring with an expert EMP tutor over a 5-10 week period
- 1:1 tutoring sessions covered challenging content as well as study strategies to maximize individual exam performance
- Student engagement was assessed throughout the course using a 5-point scale
- Progress reports were provided to medical school administrators detailing tutor session notes, practice exam scores, and recommendations regarding exam readiness

Outcomes

- 93% of the participating students that have attempted Step 1 have received passing scores
- NBME CBSSA scores increased significantly by ~10 percentage points during the course period (see Figure)
- Students have been highly satisfied with all aspects of the course



Elite Medical Prep



We partner with medical schools to support students at risk for sub-optimal performance on high-stakes medical exams.

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Speak to a member of our institutional team to learn more. www.elitemedicalprep.com/institutional-partnerships/

