

This calendar requires 10+ hours of dedicated study time per day.

For those taking both Step 2CK and COMLEX 2, we recommend **taking COMLEX 2 after Step 2CK**, with time in between to study OPP. 4 weeks is relatively short, thus we recommend **incorporating study of OPP material longitudinally**, with additional days at the end.

3 Assessments MINIMUM should be taken prior to test day. Review questions on the same day as the practice test.

We recommend completing a **MINIMUM of 80** QBank Questions per day in Timed or Timed Tutor mode. All timed questions should be reviewed upon completion of a practice exam block. Prioritize questions and review for the early part of the day.

“Targeted” Q review should **focus on the topic of the day**. “Mixed” Q review should include all topics learned to that point.

We recommend students **make their own flashcards** and review them often (daily if possible). If using premade cards, make sure to edit and personalize them to your needs.



WEEK 1

		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		BASELINE EXAM	IM: CARDIO	IM: PULM	IM: GASTRO + HEPA	IM: NEPHRO	IM: HEME/ONC	IM: ID	
Day	Day	<div>■ Take Assessment, and Break for Lunch</div> <div><input checked="" type="checkbox"/></div>	<div>■ Morning: 40 QBank Targeted Q's (tutor mode) + Review & Flashcard Creation (3.5 hrs)</div> <div>■ Mid-Day: 40 QBank Targeted Q's (timed) + Review & Flashcard Creation (3 hrs)</div> <div>■ Afternoon: Targeted Video Review and/or Reading (1.5 hrs)</div> <div><div>Remember to take breaks as needed for Lunch, Dinner, Personal needs (e.g., gym)</div></div>						<div>■ Morning: OFF</div> <div>■ Mid-Day: OFF</div>
	Evening	<div>■ Review Baseline Exam Incorrects</div> <div><input type="checkbox"/></div>	<div>■ Review Cardio Incorrect Questions (1 hr)</div> <div>■ Review Flashcards (1 hr)</div>	<div>■ Review Pulm Incorrect Questions (1 hr)</div> <div>■ Review Flashcards (1 hr)</div>	<div>■ Review Gastro + Hepa Incorrect Questions (1 hr)</div> <div>■ Review Flashcards (1 hr)</div>	<div>■ Review Nephrology Incorrects (1 hr)</div> <div>■ Review Flashcards (1 hr)</div>	<div>■ Review Heme/Onc Incorrect Questions (1 hr)</div> <div>■ Review Flashcards (1 hr)</div>	<div>■ Review ID Incorrect Questions (1 hr)</div> <div>■ Review Flashcards (1 hr)</div>	
		DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	

WEEK 2

		IM: ENDO	IM: RHEUM + DERM	PRACTICE EXAM	SURGERY			OB/GYN
Day	Day	<div><div>■ Morning:</div>40 QBank Targeted Q's (tutor...<div>■ Mid-Day:</div>40 QBank Targeted Q's (time...<div>■ Afternoon:</div>Targeted Video Review and/...</div> <div><div><div></div><div></div><div></div></div></div>	<div><div></div><div></div><div></div></div>	<div>■ Take Assessment, and Break for Lunch</div> <div><div></div></div>	<div><div>■ Morning:</div>40 QBank Targeted Q's (tutor mode) + Review & Fla...<div>■ Mid-Day:</div>40 QBank Targeted Q's (timed) + Review & Flashcar...<div>■ Afternoon:</div>Targeted Video Review and/or Reading (1.5 hrs)</div> <div><div><div></div><div></div><div></div></div></div>	<div><div></div><div></div><div></div></div>	<div><div></div><div></div><div></div></div>	OFF
	Evening	<div><div>■ Review Endo Incorrect Questions (1 hr)</div><div>■ Review Flashcards (1 hr)</div></div> <div><div><div></div><div></div></div></div>	<div><div>■ Review Rheum + Derm Incorrect Questions (1 hr)</div><div>■ Review Flashcards (1 hr)</div></div> <div><div><div></div><div></div></div></div>	<div>■ Review Practice Exam Incorrects</div> <div><div></div></div>	<div><div>■ Review Surgery Incorrect Questions (1 hr)</div><div>■ Review Flashcards (1 hr)</div></div> <div><div><div></div><div></div></div></div>	<div><div>■ Review Surgery Incorrect Questions (1 hr)</div><div>■ Review Flashcards (1 hr)</div></div> <div><div><div></div><div></div></div></div>	<div><div>■ Review Surgery Incorrect Questions (1 hr)</div><div>■ Review Flashcards (1 hr)</div></div> <div><div><div></div><div></div></div></div>	<div><div>■ Review OB/GYN Incorrect Questions (1 hr)</div><div>■ Review Flashcards (1 hr)</div></div> <div><div><div></div><div></div></div></div>
		DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14

COMLEX Level 2/
USMLE STEP 2

4 WEEK CALENDAR

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“Targeted” Q review should focus on the topic of the day. “Mixed” Q review should include all topics learned to that point.

We recommend students make their own flashcards and review them often (daily) and incorporate study of OPP material longitudinally, with pre-made flashcards at the end of the week and personalized to days near the end.



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

OB/GYN + PEDS

PEDS

PRACTICE EXAM

NEURO

MISCELLANEOUS

- Morning: 40 QBank Targeted Q's (tutor mode) + Review & Flashcar...
- Mid-Day: 40 QBank Targeted Q's (timed) + Review & Flashcard Cre...
- Afternoon: Targeted Video Review and/or Reading (1.5 hrs)



- Review OBGYN + Peds Incorrect Questions (1 hr)
- Review Flashcards (1 hr)



DAY 15



- Review OBGYN + Peds Incorrect Questions (1 hr)
- Review Flashcards (1 hr)



DAY 16



- Review OBGYN + Peds Incorrect Questions (1 hr)
- Review Flashcards (1 hr)



DAY 17

- Take Assessment, and Break for Lunch



- Review Practice Exam Incorrects



DAY 18

- Morning: 40 QBank Targeted Q's...
- Mid-Day: 40 QBank Targeted Q's...
- Afternoon: Targeted Video Review...



- Review Neuro Incorrect Questions (1 hr)
- Review Flashcards (1 hr)



DAY 19



- Review Neuro Incorrect Questions (1 hr)
- Review Flashcards (1 hr)



DAY 20

- Morning: OFF
- Mid-Day: OFF

- Afternoon: 40 QBank Targeted Q's (timed) + Review on Biostats, Ethics, QI

- 40 QBank Targeted Q's (timed) + Review on Biostats, Ethics, QI



DAY 21

REVIEW

- 3 Blocks - 120 Mixed, timed (8-9 hrs)



- Targeted Review from Weak Areas (2 hrs)



DAY 22



- Targeted Review from Weak Areas (2 hrs)



DAY 23

STEP
2-CK
TEST
DAY

DAY 24

REVIEW

- 2 Blocks - 80 Mixed, timed (5-6 hrs)
- OMT Special tests in back of OMT Review Book (1 hr)



- Targeted Review from Weak Areas (1 hr)
- OPP Review 40 QBlock, timed (2 hrs)



DAY 25



- Targeted Review from Weak Areas (1 hr)
- OPP Review 40 QBlock, timed (2 hrs)



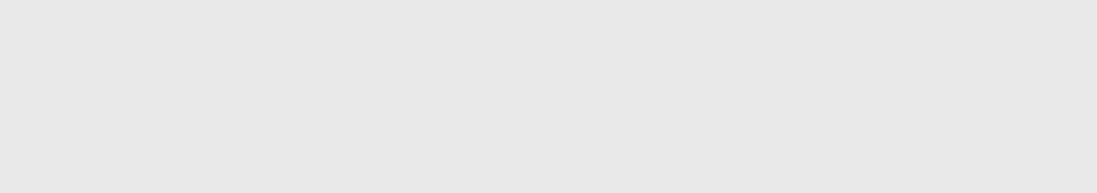
DAY 26

LIGHT DAY

- Targeted Review from Weak Areas (1 hr)
- OPP Review 40 QBlock, timed (2 hrs)



- OFF



DAY 27

LEVEL
2-CE
TEST
DAY

DAY 28