

Neurology

Cheat Sheets for Clinical Rotations

Must-Complete Resources	UWorld/Amboss	Neurology has a smaller number of questions to work through, so there is not as much pressure to start these questions early. Aim to finish these questions 1-2 weeks prior to shelf.
	NBME Practice Tests	We recommend completing these in the last one to two weeks prior to your exam, ideally after you have completed all of UWorld/Amboss
High Yield Resources	Step Up To Medicine	The Neurology chapter in this text will serve as a very short and easy-to-read introduction to the world of neurology. I recommend students read this chapter before their first day in the hospital as it will provide them with the basics of neurology.
	Pretest Neurology	A great resource with high-yield questions and answers that will supplement your UWorld/Amboss if you desire to work through more questions
	Clinical Neuroanatomy Made Ridiculously Simple	This is an old but great book that helps you understand the highest yield neurologic conditions you will see, but also the anatomic basis for their presentations. While I would not read this cover to cover, it's a great reference text for specific conditions.
	Blueprints Neurology	A great resource that can serve as a reference text. However, like most textbooks, this is too long to read cover to cover and should serve as a reference text.
	UpToDate	The best online resource for all things Neurology. Use this reference to help you treat your patients, but we recommend staying away from this as a study tool as it is too dense for your shelf/USMLE
	Online MedEd	A great resource with videos and text that summarize the high yield topics in Neurology
Clinical Tips	Learn how to perform the neurologic examination	This is the cornerstone of neurology! The exam will help you narrow your differential diagnosis, and also often allow you to localize neurologic lesions, guide what imaging tests to obtain, and also help you develop your therapeutic plan.
	Know how to triage a stroke	Most hospitals have a "Code Stroke" that is called when providers are worried about strokes. The process for triaging someone with a suspected stroke is very protocolized and make sure to know the steps before your first day!
	Succeed on Rounds	The most important thing you can do as a medical student in neurology is to know your patient. Understand their neurologic history, perform a comprehensive neurologic examination, and come up with structured and succinct assessments and plans for rounds. Ask questions, be engaged, and try not to slow rounds down if possible!
	Write your notes	A significant portion of neurology is the note. It is important to accurately document your interview and your examination with the patient as this is often critical to the diagnostic and therapeutic process for neurologists.
Top Diagnoses / Topics To Learn	Stroke (Ischemic, Hemorrhagic, TIA) • Migraines • Headaches • Seizures • Parkinson's Disease • Essential Tremor • Conversion Disorder • Multiple Sclerosis • Guillain-Barré Syndrome • Myasthenia Gravis • Amyotrophic Lateral Sclerosis • Cauda Equina Syndrome • Alzheimer's Disease • Vascular Dementia • Delirium • Diabetic Neuropathy • Meningitis/Encephalitis • Increased Intracranial Pressure • Nutritional Deficiencies	