

# Obstetrics and Gynecology

## Cheat Sheets for Clinical Rotations

<b>Must-Complete Resources</b>	<b>UWorld/ Amboss</b>	Obstetrics and Gynecology, has a smaller number of questions to work through, so there is not as much pressure to start these questions early. Aim to finish these questions 1-2 weeks prior to your shelf
	<b>NBME Practice Tests</b>	We recommend completing these in the last one to two weeks prior to your exam, ideally after you have completed all of UWorld/Amboss
<b>High Yield Resources</b>	<b>Obstetrics &amp; Gynecology - Beckmann et al.</b>	This is a great textbook published in collaboration with the American College of Obstetricians and Gynecologists. However, do not read this cover to cover - this is a great resource for you to turn to when you hope to read more about a particular subject.
	<b>Pretest Obstetrics and Gynecology</b>	A great resource with high-yield questions and answers that will supplement your UWorld/Amboss if you desire to work through more questions
	<b>Case Files Obstetrics &amp; Gynecology</b>	This resource will walk you through some of the high-yield content in case format for Ob/Gyn. If you are someone who wants to read a text cover-to-cover to learn about Ob/Gyn through cases, this is a great resource for you.
	<b>UpToDate</b>	The best online resource for all things Obstetrics and Gynecology. Use this reference to help you treat your patients, but we recommend staying away from this as a study tool as it is too dense for your shelf/USMLE
	<b>Online MedEd</b>	A great resource with videos that summarize the high yield topics in Obstetrics & Gynecology
<b>Clinical Tips</b>	<b>Learn how to take an Obstetric History</b>	This history includes gravida, para, family history, type of previous deliveries, risk factors (hypertension, diabetes), sexually transmitted disease, and access to prenatal care.
	<b>Learn how to do the physical exam</b>	The physical exam for this rotation includes other components including external inspection, the speculum exam, and the bimanual exam.
	<b>Ultrasound</b>	Transabdominal and transvaginal ultrasound are commonly used on this clerkship. By no means are you expected to know how to perform one, but feel comfortable interpreting the most common and high yield findings you will see on your clerkship.
	<b>Learn how to suture</b>	Similar to surgery, even if you are not planning to go into a surgical subspecialty, knowing how to suture is a critical skill of any doctor and will come in hand on the labor and delivery floor or in the OR.
	<b>Know the high yield info regarding Labor and Delivery</b>	This information includes fetal heart rate tracings, the stages of labor, teratogens, and complications of labor.
<b>Top Diagnoses / Topics To Learn</b>	Infertility • Ectopic Pregnancy • Gestational Diabetes • Preeclampsia and Eclampsia • Preterm Labor • Postpartum Hemorrhage • Abnormal Uterine Bleeding • Ovarian Torsion • Pelvic Inflammatory Disease • Ectopic Pregnancy • Sexually Transmitted Infections • Vaginitis • Cervical, Endometrial, and Ovarian Cancer • Breast Cancer • Benign Breast Conditions • Contraceptive Options • Menopause • Abortion	